



Stoutland R-II School District

7584 State Road T, Stoutland, MO 65567

Chuck Stockton, Superintendent

September 15, 2020

Dear Parent/Guardian

Today, September 15, 2020, I was notified of a positive COVID 19 case in Stoutland schools. Student Name has been identified as a potential close contact to this positive COVID 19 case with an exposure date of Thursday, September 10, 2020. Remember that close contact is defined as being within 6 ft. of the ill person for longer than 15 minutes (cumulatively, as in a couple minutes in several different encounters).

Based upon our established protocols developed in in consultation with the Camden County Health Department and guidance from the CDC, Student Name must be in quarantine for 14 days from the last exposure date thru September 24, 2020. Unless symptoms develop, at which time the quarantine will need to be extended. If Student Name becomes ill, he/she must meet CDC guidelines to return to school which are: minimum of 10 days of isolation from onset of symptoms 24 hours fever free without fever reducers; and improved symptoms.

People in quarantine should stay home, separate themselves from others and monitor their health.

Student Name is not required to be tested. Even if Student Name were to test negative he/she must still remain in quarantine for the 14-day incubation period. Please monitor Student Name for symptoms of COVID-19. If he/she develops any symptoms of COVID-19, stay at home and contact a healthcare provider immediately.

The symptoms of COVID-19 vary widely between people but may include fever, cough, or difficulty breathing. The most common symptoms county health officials are seeing at this time mimic allergy symptoms: headache, sinus pressure, runny nose, and fatigue. Some report occasional cough, and low-grade fever along with loss of taste and smell, some report nausea, vomiting and diarrhea. The virus spreads person-to-person mainly through close contact with someone who is infected. Some people without symptoms may still be able to spread the virus. The best way to prevent illness is to avoid exposure to the virus.

- Practice social distancing; stay at least six feet from other people
- Wash your hands often
- Routinely clean and disinfect frequently touched surfaces with EPA-approved products.
- Cover your mouth and nose with a cloth face covering when around others.
- Adhere to isolation guidance by Missouri Department of health if notified of high-risk exposures.

For the protection your child and others who may be involved, the HIPAA Privacy Rule (45 CFR Parts 160 and 164) provides strong legal protections to ensure the privacy of individual health information, If you have any questions or concerns, please contact your health care provider, urgent care, the health department, or Stoutland school nurse Amanda Foltz (417) 322-3472 cell, or (417) 286-3711 work. I can be most easily reached at (660) 988-4201.

Sincerely

Chuck Stockton, EdD